

## HEALTH PRACTICES OBSERVATION

Classroom \_\_\_\_\_ Observer \_\_\_\_\_ Date \_\_\_\_\_

### DENTAL HEALTH PRACTICES

The Staff Members show an awareness of safe health practices by:

- Yes No Are toothbrushes stored and distributed to prevent cross contamination?
- Yes No Is child's name on the toothbrush and on toothbrush rack?
- Yes No Do staff/volunteers brush with the children and model appropriate oral health practices?
- Yes No Are infants gums being wiped after mealtime?
- Yes No Is the overall tooth brushing procedure occurring in a safe and sanitary manner?
- Yes No Are tooth brushing cups used for intended purpose?
- Yes No Are children encouraged to not rinse the fluoride off their teeth?

### Regarding tooth brushing :

Do the children receive instruction in proper tooth brushing techniques?

Examples:

Is tooth brushing an educational experience? (For example, plaque, cavities, good teeth discussed?)

Examples:

Do the children brush their teeth with fluoride toothpaste daily (12 months and older)?

Are the children given adequate time to brush their teeth (not hurried to the extent that teeth were not properly brushed?) Examples:

Are children reinforced for correct tooth brushing techniques?

Examples:

### Regarding Preventive Health Measure :

- Yes No Are tissues easily accessible to children and adults?
- Yes No Are children's noses wiped by the child or if necessary by the adult?
- Yes No Are the children reinforced for, and do the staff members model, covering mouth when sneezing and coughing? (Not with their hand)
- Yes No Do the staff members respond appropriately when a child has a toileting accident, (no fuss made)?
- Yes No Is extra clothing provided for children who need a change of clothing?
- Yes No Are toilets flushed and hygienic conditions maintained?
- Yes No Are children allowed to use toilet as needed?

- Yes No Are diapering/toileting procedures posted and followed ?
- Yes No When intervening in toileting and hygienic practices are staff respectful and developmentally appropriate?
- Yes No Are staff aware of Exclusion Policy and have it readily available if situation occurs?
- Yes No Do staff know what they need to share with HSD regarding Health Exclusion?

**Regarding Hand washing:**

- Yes No Are hand washing procedures posted and followed?
- Yes No Do all children and adults wash their hands upon entering the classroom, before joining activities?
- Yes No Do children wash hands before meal preparations?
- Yes No Do children wash hands before meals?
- Yes No Do children wash hands after using the toilet (EHS are infants and toddlers hands washed after diapering)?
- Yes No Do children wash hands after being soiled during activities (either outside or inside)?
- Yes No Do children wash hands after coming in from outdoors?
- Yes No Do adults wash hands before meal preparations?
- Yes No Do adults wash hands before meals?
- Yes No Do adults wash hands after coming in from outdoors?
- Yes No Do adults wash hands before and after diapering or assisting with toileting?
- Yes No Are provisions made to make the sinks child size? (low sinks or steps)
- Yes No providing an adequate supply of clean paper towels in close proximity to the wash basin?
- Yes No providing adequate soap?
- Yes No routinely cleansing basin?

**Medical Protocols**

- Yes No Are appropriate protocols in place and filed in the protocol folder?
- Yes No Is any medication being given at this time? Documented on Medication Log?
- Yes No Are all classroom staff aware of children on protocols?

**MSDS**

- Yes No Is MSDS book available and staff know where it is located?

