



**Snack
Echo Center**

Umatilla-Morrow Head Start

September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
USDA is an Equal Opportunity Provider.				1
4 HOLIDAY	5 Whole Grain Graham Crackers Cheese Stick Milk	6 Whole Grain Goldfish Crackers Celery Peanut Butter Milk	7 Yogurt Granola Bar Milk	8 Yogurt Granola Bar Banana Milk
11 Whole Grain Crackers Cheese Stick Milk	12 Fruit Cup Graham Crackers Milk	13 Peanut Butter Bananas Jungle Crackers Milk	14 Nutri Grain Bar Oranges Milk	15
18 Fruit Cup Jungle Whole Grain Crackers Milk	19 Whole Grain Graham Crackers Cheese Stick Milk	20 Whole Grain Goldfish Crackers Celery Peanut Butter Milk	21 Yogurt Granola Bar Milk	22
25 Whole Grain Crackers Cheese Stick Milk	26 Fruit Cup Graham Crackers Milk	27 Jungle Crackers Bananas Milk	28 Nutri Grain Bar Oranges Milk	29