


Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Holiday</p> 	<p>2 Cheerios Cereal Banana Milk</p>	<p>3 Quesadilla (Whole Grain Flour Tortilla with melted cheese) Pears Milk</p>	<p>4 Breakfast Banana Split (Yogurt, Banana, Strawberries, Pineapple Tidbits) Cheerios for Topping Milk</p>	<p>5 Multi-grain Cinnamon Toast Apple Slices Milk</p>
<p>8 WW Bagel with Strawberry Cream Cheese Berries & Banana Milk</p>	<p>9 Scrambled Eggs, Cheese Flour Tortilla Chopped Grapes Milk</p> <p><i>Soft Pretzels Chopped Grapes Milk</i></p>	<p>10 Oatmeal Orange Slices Milk</p> <p><i>WW Toast Orange Slices Milk</i></p>	<p>11 WW English Muffins Apple Slices Milk</p>	<p>12 Banana Bread Pears Milk</p>
<p>15 Holiday All Milk served is plain, 1 % milk for 24 mos. + Children 12-23 mos. Receive whole Milk</p> <p>WW = Whole Wheat WG = Whole Grain</p>	<p>16 Double Berry Smoothie(strawberries, raspberries, apple juice, banana) Whole Wheat Toast Milk</p>	<p>17 Dutch Pancake Yogurt Peaches Milk</p> <p><i>Yogurt WW Ritz Crackers Peaches</i></p>	<p>18 Cranberry Orange Bread Orange Slices Milk</p>	<p>19 Chex Cereal Pineapple Milk</p>
<p>22 Peanut Butter/Sun Butter on Warm Whole Wheat Flour Tortillas Mandarin Oranges Milk</p>	<p>23 Carrot Spice Muffins Peaches Milk</p>	<p>24 French Toast Warm Applesauce Milk</p> <p><i>WW Bagel Applesauce Milk</i></p>	<p>25 Oatmeal Orange Slices Milk</p> <p><i>Whole wheat Toast Orange Slices Milk</i></p>	<p>26 WW Cinnamon Toast Pears Milk</p>
<p>29 Zucchini Bread or Muffins Apple Slices Milk</p>	<p>30 Whole Wheat English Muffins Banana Milk</p>	<p>31 Kix Cereal Pears Milk</p>	<p>Cereals served include original varieties only of: General Mills Cheerios; General Mills Rice or Corn Chex; General Mills Kix; Quaker Oats Life; Safeway, Great Value, Quaker, Western Family brands of Old Fashioned Oats for Oatmeal</p>	<p>Yogurts served include: Yoplait Low Fat-Plain, Vanilla, Peach, Strawberry; Yami Low Fat Plain, Vanilla, Strawberry or Peach; Tillamook Low Fat Plain, Strawberry, Vanilla; Lucerne Light Non-Fat Vanilla, Fat Free Plain or Greek Plain; Mountain High Low Fat Vanilla or Low Fat Plain; Great Value Light, Non-Fat or Plain.</p>