



Umatilla-Morrow Head Start Breakfast

Pilot Rock

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Fruit Milk	3 Waffles Fruit Milk	4 Egg & Cheese Biscuit Fruit Milk Walk and Bike to School Day	5 Mini Pancakes Fruit Milk	6
9 Cheerios Fruit Milk	10 Scrambled Eggs Fruit Milk	11 Ham & Cheese Bagel Fruit Milk	12 Pancakes Fruit Milk	13 Staff Meeting
16 Waffles Fruit Milk	17 Yogurt Parfait Granola Fruit Milk	18 Cheese & Egg English Muffin Fruit Milk	19 Breakfast Burrito Fruit Milk	20
23 Cheerios Fruit Milk	24 Yogurt & Graham Crackers Fruit Milk	25 Eggs Fruit Milk	26 French Toast Fruit Milk	27
30 Bagel & Peanut Butter Fruit Milk	31 Cheerios Fruit Milk			UMCHS is an Equal Opportunity Provider.