

Healthy Families Oregon



Wishes for my Child

Circle up to 4 (top) qualities you would like your child to develop

- happy, athletic, creative, tough, artistic, pretty, curious, spiritual, cooperative, neat or tidy, musical, handsome, liked by others, friendly, obedient, respectful, a leader, well-behaved, smart, imaginative, independent, polite, healthy, responsible, talkative, a follower, strong, peaceful, funny, gentle, generous, secure

Others:

What are you already doing to encourage these? What would you like to do or do more of?

Table with 2 columns: Qualities, What I can do NOW to encourage these qualities. Contains 4 empty rows for user input.

How do you want to be remembered as a parent? What qualities do you want to have?

Name(s) \_\_\_\_\_ Date \_\_\_\_\_