

**UMATILLA-MORROW HEAD START, INC.
WIC PROGRAM
POLICIES AND PROCEDURES**

WIC FOOD INSTRUMENTS FOR PREGNANT WOMEN

PROCEDURE:

1. Food Instruments (FI) for pregnant women will be diverted for a local print in the months following their scheduled classes for Nutrition for Two (N42), You Can Breastfeed (YCBF) and/or Bottle Feeding. When the woman attends class, remove the FI local print diversion. It is recommended that pregnant women be scheduled for Nutrition for Two in the month following their certification screen. You Can Breastfeed or Bottle Feeding should be scheduled in the 7th or 8th month of pregnancy. Pregnant women should be scheduled for a nutrition education contact in each trimester of their participation in WIC.
2. If a pregnant woman does not attend her appointment for Nutrition for Two, You Can Breastfeed, or Bottle Feeding, reschedule the appointment. When the participant comes into the clinic to pick up the local print FI, inform her of the date and time of her new appointment. Change FI to local print in the month of the scheduled appointment. Nutrition education classes are held prior to the 10th of each month which should not impose a delay in issuance of FI.
3. If a pregnant woman refuses to attend N42, YCBF, or Bottle Feeding, the Certifier must document in the participant's record that nutrition education related to the class topics has been shared with participant.