

Preparing for Your Child's Doctor Visits

Make the most of your time at your child's checkups.
Plan ahead by doing the following:



Write down your concerns.
Bring the list with you to the visit.



Be prepared for possible waits.
Bring activities, snacks, and extra diapers for the waiting room.



Know the office routine.
Arrive early to complete paperwork.



Remind yourself that this is one of the best things you can do for your child.



Be well informed about immunization choices.



Be an active partner with your child's doctor.

