



# Our Family Values

What is important to us as a family? Top 5-10 Cards:


My Priority Family Values:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Family Strengths:** What is going well? My resources and support? What I'm good at...

**Cultural Strengths:** What is special and unique about my family? What will I do the same or different from my parents/caretakers? Traditions I want to pass on to my child(ren)?

Name(s) \_\_\_\_\_ Date \_\_\_\_\_