

Umatilla-Morrow Head Start





Lunch

Hermiston Center for School Readiness

November 2017

Rocky Heights/Lil Pups

UMCHS is an Equal Opportunity Provider.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>WW = Whole Wheat WG = Whole Grain Milk served is 1% plain milk</p>		<p>1 Bean & Cheese Burrito Mexi Corn Fruit & Veggie Bar Milk</p>	<p>2 Ham & Cheese Sub Carrot Fries Fruit & Veggie Bar Milk</p>	3
<p>6 Cheeseburgers Broccoli Trees Fruit & Veggie Bar Milk</p>	<p>7 Toasted Cheese Sandwich Tomato Soup Fruit & Veggie Bar Milk</p>	<p>8 Chicken Nuggets Bowls Roll Sweet Corn Fruit & Veggie Bar Milk</p>	<p>9 Turkey Sandwich Vegetable Fruit Milk</p>	<p>10</p> <p style="text-align: center;">Holiday</p> 
<p>13 Chicken Fajita Refried Beans Fruit & Veggie Bar Milk</p>	<p>14 Spaghetti with Meat Sauce Seasoned Green Beans Fruit & Veggie Bar Milk</p>	<p>15 Hamburger Carrot Fries Fruit & Veggie Bar Milk</p>	<p>16 Turkey Sub Tots Fruit & Veggie Bar Milk</p>	17
<p>20 Turkey Sub Potato Wedges Fruit & Veggie Bar Milk</p>	<p>21 Chicken Nuggets Bowls Sweet Corn Fruit & Veggie Bar Milk</p>	<p>22</p> <p style="text-align: center;">No School</p>	<p>23</p> <p style="text-align: center;">Holiday</p> 	<p>24</p> <p style="text-align: center;">Holiday</p> 
<p>27 Chicken & Cheese Quesadilla Savory Green Beans Fruit & Veggie Bar Milk</p>	<p>28 Chili Vegetable Fruit & Veggie Bar Milk</p>	<p>29 Beef Soft Taco Vegetable Fruit & Veggie Bar Milk</p>	<p>30 Macaroni & Cheese Vegetable Fruit & Veggie Bar Milk</p>	