

Breakfast/Snack

Umatilla-Morrow Head Start

Irrigon Preschool

Lil' Knights

September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
	UMCHS is an Equal Opportunity Provider			1
4 Holiday	5 Sausage Breakfast Pizza Fruit Milk	6 French Toast Sticks Fruit Milk	7 Ham & Cheese Bagel Fruit Milk	8 Yogurt Graham Crackers Fruit Milk
11 French Toast Sticks Fruit Milk	12 Cereal Fruit Milk	13 Whole Wheat English Muffin Fruit Milk	14 Ham & Cheese Bagel Fruit Milk	15
18 Cereal Fruit Milk	19 Dutch Waffles with Strawberries Fruit Milk	20 French Toast Sticks Fruit Milk	21 Cereal Fruit Milk	22
25 Yogurt Graham Crackers Fruit Milk	26 Sausage & Cheese Biscuit Fruit Milk	27 Sausage Breakfast Pizza Fruit Milk	28 French Toast Sticks Fruit Milk	29