

Parent & Child Activity

PAPER RING ART ~ Paper Sculpture

This Art activity is for parents to work with their children and enjoy their creations.



What You Do:

1. Cut a series of strips from the construction paper $\frac{1}{2}$ " wide. Cut these strips to about 4" long. (Adults might want to do this step for younger children).
2. Encourage students to pinch the ends of rings to make either abstract shapes, or recognizable objects like flowers, leaves, etc. Leave the rings round for animal bodies, the sun, and other round objects. Students can adjust length of strips if desired, cutting them shorter for smaller things, and leaving them long (or gluing smaller pieces together) for larger items. Students then glue these pieces to a sheet of construction paper to create images and designs.

Reference Books:

The Art and Craft of Paper Sculpture
by: Paul Jackson

Paper Sculpture: A Step-By-Step Guide

by Kathleen Ziegler and Nick Greco

Nutrition Education Italian Vegetable Beef Soup



You Need:

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| 1 pound ground beef | 1 cup chopped onion |
| 1 cup chopped celery | 1 cup chopped carrots |
| 2 cloves garlic, minced | 5 teaspoons beef bouillon granules |
| 1 (14.5 ounce) can peeled and diced tomatoes | |
| 1 (15 ounce) can tomato sauce | |
| 2 (19 ounce) cans kidney beans, drained and rinsed | |
| 2 cups water | $\frac{1}{2}$ teaspoon dried oregano |
| 1 tablespoon dried parsley | 2 cups chopped cabbage |
| $\frac{1}{2}$ teaspoon dried basil | 1 cup macaroni |
| 1 (15.25 ounce) can whole kernel corn | 1 (15 ounce) can green beans |

1. Place ground beef in a large soup pot. Cook over medium heat until evenly browned. Drain excess fat. Stir in onion, celery, carrots, garlic, chopped tomatoes, tomato sauce, beans, water and bouillon. Season with parsley, oregano and basil. Simmer for 20 minutes.
2. Stir in cabbage, corn, green beans and pasta. Bring to a boil, then reduce heat. Simmer until vegetables are tender and pasta is al dente. Add more water if needed.

The Network-Newsletter

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November Focus: Literacy



Family involvement is one of the key components of children's success in reading.

Family involvement may take many forms-reading aloud to children, limiting TV viewing, establishing a daily family routine, monitoring out-of-school activities, talking and listening to children, and praising children's efforts. As parents we need to make an effort ourselves in planning reading with our children at least once every day. Below are a few tips for nurturing your growing readers:

- ◆ Make sure they have plenty to read. Take them to the library regularly, and keep books and other reading materials within their reach.
- ◆ Notice what interests each child, then help find books about those things.
- ◆ Respect your child's choices.
- ◆ Children's books, new or used, make great gifts and appropriate rewards for reading.
- ◆ Check up on your children's progress. Listen to them read aloud, read what they write and ask teachers how they're doing in school.
- ◆ Go places and do things with your children to build their background knowledge and vocabulary, and to give them a basis for understanding what they read.
- ◆ Tell stories. It's a fun way to

teach values, pass on family history and build your children's listening and thinking skills.

- ◆ Be a reading role model. Let your children see you read, and share some interesting things with them that you have read about in books, newspapers or magazines.
- ◆ Continue reading aloud to older children even after they have learned to read by themselves.
- ◆ Encourage writing along with reading. Ask children to sign their artwork, add to your shopping list, take messages and make their own books and cards as gifts.

Remember, reading doesn't just happen, it is a skill that must be nurtured from a child's earliest years.



Resources:

ABC and counting books:

Chicka Chicka Boom Boom by Bill Martin, Jr. and John Archambault

Wordless picture books: *Good Dog, Carl* by Alexandra Day

Concept books: *Color Dance* by Ann Jones

Pattern books: *Brown Bear, Brown Bear, What Do You See?* By Bill Martin, Jr.

Information books: *Bugs* by Nancy W. Parker and Joan R. Wright.

Traditional rhymes and stories: Nursery rhymes, fairy tales, fables, and folk tales from various cultures i.e. *The Little Red Hen* by Byron Barton

Echo Center Highlights



Outside time: Delilah, Alexis and Alayla Having fun in the sun enjoying making sun castles.



Small Group: Victoria, Harlow, Axel, Jaylah, Adelynn, Delilah and Alayla learning patterns copying the patterns as they see on their papers.



Free Choice: Jayla, Victoria and Adelynn Playing with the dolls. Jaylah is the patient and Adelynn and Victoria are the doctor's they are getting a checkup making sure they are healthy.

Free choice: James, Dominick and Brently during free choice playing with puppets as they act out as fireman, police man and Doctor.



Pilot Rock Center Highlights



October 10th was our Walk to School Day. The Superintendent joined us along with many parents.

We were able to use the "I'm Safe" safety tips we learned in class.



Working on Number Identification and 1 to 1 Correspondence. Counting the dots helps us identify the numeral and quantity.





Dates to Remember!!
November 2018

- 2 - Parent-Staff Conference
- 4 - Daylight Savings Time Ends
- 7-9 OHSA Fall Conference
- 12 - Holiday "Veterans Day"
- 21-23 "Thanksgiving Day Holiday"
- 26 - Family Policy Council Meeting





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