

UMCHS WIC

GUIDANCE FOR QUALITY NUTRITION EDUCATION

UMCHS WIC will offer a variety of choices for clients to complete second nutrition education that is quality, and will help the client in their individual family situations.

Marketing education at WIC:

- There will be three months of classes offered when discussing with the clients their best options
- If appropriate, the certifier can offer on-line learning, self-paced lessons, quick WIC or individual. (see below for each category)
- Nutrition Education group classes will be posted on the UMCHS WEB calendar.
- UMCHS WIC will collaborate with community agencies for joint education experience, ie. Health dept, Hospital, OSU Ext. Head Start and Libraries.
- UMCHS WIC will access social media to market the education offered at our WIC communities

Group Education/classes

- Offer a variety of group education that will provide the client with options and match their risk needs.
- Staff will be well prepared with space arranged to assist in client participation, materials prepared and ready, and staff prepared with the skills of PCS and the information that they will be discussing.
- Time will be allowed in the schedule for the class, including set up/take down
- Approved class outlines will be used.
- Mark attendance in TWIST, issue benefits.

QUICK WIC.

- Presentation boards will be developed with the approved class outlines.
- Boards will be open for clients to view, and discuss.
- An assigned CPA will be available to facilitate discussion and be available for questions, and added remarks.
- Clients will fill out approved evaluation.
- Client will be marked as a show, and benefits will be issued.

On-Line Quarterly Ne

- Staff will offer on-line NE to clients if appropriate (low/Medium risk only)
- Staff will provide the client with resources to complete the Quarterly NE

- Staff will verify with the client once the on-line lesson has been completed, document in TWIST and issue benefits.
- Refer to Online Quarterly NE online policy.

Self-paced Lessons:

- Staff can offer the self-paced lesson for the quarterly NE.
- Staff and clients can choose which would be appropriate for the client.
- Clients will complete and fill out the evaluation of the Self-paced lesson and return to the WIC Clinics.
- Staff will document in TWIST NE tab, issue benefits, and assure next appointment is made.

Individual appointment:

- Staff will offer an individual appointment to client if appropriate,
- Client will complete assessment of wt/ht/hemo-cue (Hemo cue if needed) document in TWIST medical tab.
- Staff will follow up with client's needs, risk, and "next Step" and offer education/info as needed.
- Document the education offered, (Progress notes, or NE Tab) update the next step
- Issue benefits and make next appointments.

All children who under the age of one will need an individual appointment.