

WIC HAND WASHING POLCIY & PROCEDURE

PURPOSE: To prevent the spread of communicable diseases among WIC staff members and clients.

HANDWASHING POLICY:

1. WIC staff will wash their hands in the following situations:
 - a. At the beginning of the work day.
 - b. Before and after each client appointment.
 - c. Before and after finger, toe, or heel stick blood drawing.
 - d. After handling items that may be soiled with body fluids or waste, such as blood, drool, vomit, urine, stool, or discharge from the eyes and nose.
 - e. After using the bathroom.
 - f. Before and after eating.
 - g. After cleaning activities.
 - h. At the end of the work day.
2. Procedures for proper hand washing will be posted by the sinks in each WIC site.

HANDWASHING PROCEDURE:

1. Turn on water to a WARM temperature.
2. Wet hands.
3. Using a LIQUID SOAP from a dispenser, rub hands together vigorously for 20 seconds. If hands are very dirty, rinse and re-lather.
4. Wash all surfaces including:
 - backs of hands
 - wrists
 - between fingers
 - under fingernails
5. Rinse hands well under WARM RUNNING WATER.
6. Dry hands with PAPER TOWELS.
7. Turn off water using a paper towel instead of bare hands.
8. Discard towel in trash can.
 1. Turn off water using a paper towel instead of bare hands.
 2. Discard towel in covered, foot activated trash can.